

BLEMISH REMOVAL AFTERCARE INSTRUCTIONS

Following your treatment you may experience:

- Reddening, swelling and sensitivity of the skin in the area for up to 48 hours.
- The treated area and surrounding skin may feel hot for up to 48 hours.
- Pin dot crusts or small scabs may appear in the treated area.
- The skin may itch as the healing process takes place.

Following treatment ensure that you adhere to the aftercare instructions to avoid unwanted reactions/infections:

- Pin dot crusts or scabs may appear which seal the skin and prevent infection. These must not be rubbed or picked off, as to do so may result in scarring. The crusts or scabs are tiny and often are 'felt' rather than 'seen'
- Do not touch, rub or irritate the treated area.
- When washing and cleansing around the area, use a gentle soap or perfume free cleanser and gently pat the area dry to avoid dislodging any crusts or scabs.
- Avoid activities for 48 hours that stimulate blood flow following vascular treatments, e.g. exercise, hot showers, hot baths, hot spicy foods and alcohol.
- Avoid activities for 48 hours that may irritate or dislodge any crusts or scabs, e.g. swimming, saunas, steam rooms, facial steaming, facial scrubs, waxing and other beauty treatments until the area has completely healed.
- Do not fly within 48 hours following a vascular treatment.
- You must keep out of UV light completely during the healing process and as much as possible there after.
- Once healed, cover and protect sun exposed areas using a good quality, high factor sunscreen at all times, particularly in the summer months.
- Avoid the possible causes of vascular blemishes, for example, wearing tight fitting glasses, squeezing spots, careless or erratic tweezing or blowing nose too vigorously.
- Avoid using any possible skin sensitises or irritants such as perfumes, fake tan products or perfumed body lotions until skin is healed.
- Should you have any concerns regarding your treatment please contact the clinic or your Aesthetic Electrologist

SOOTHING AFTERCARE PRODUCTS by Sterex

NATURAL ALOE VERA GEL - Recommended for use immediately after treatment or as advised by your electrologist, also suitable following waxing, laser, sunbathing and for general moisturising purposes. This cooling, soothing gel containing 95% liquid extract of Aloe Vera is quickly absorbed and has a refreshing lemon grass fragrance.

NATURAL WITCH HAZEL GEL - A gel that's quickly absorbed, easily applied and recommended for use after treatment or as advised by your electrologist, Containing 80% liquid extract of Witch Hazel in a cooling, soothing gel, Renowned for its antiseptic properties and can be used for a variety of applications such as stings and bites.

APRÈS CARE - Formulated for use immediately after treatment or as advised by your electrologist, This cream contains an antimicrobial agent which helps prevent infection and is ideal for use on areas of high bacterial growth.

CALAMINE POWDER - Used at the end of a treatment and for you to use at home for 24/48 hours, or as advised by your electrologist, to protect your skin & promote healing